

HODGEMOOR RIDING ASSOCIATION

TREC – PHASE 3 - ORIENTEERING

Instructions – Easter Monday 18 April 2022

Trec Orienteering in general – This is orienteering on horse back over distances varying between up to 15km for level 1 and up to 40km for level 4. Riders must follow a route on a map, at speeds pre-determined by the organisers but not known by the competitors. You carry a number of items (first aid kit, water proofs, compass, whistle, mobile, tabard and reflectives). Orienteering is not a race and the majority of the course is conducted in walk and trot. In BHS / FITE competitions you will come across checkpoints with marshals along the route, where you will find the speed with which you need to travel the next section. You do not know in advance the location of the checkpoints nor how many.

Hodgemoor's Trec Orienteering. Today you are set one pace for the whole course: 7 kilometres per hour including some time at each waypoint to write the capital letter seen on the ticket. In general, canter if you are on a wide straight path of 100m or more. Downhill or on a tarmac road – walk. If you get delayed then you'll have to canter a bit more to catch up. We will provide you with a map on which you follow the route and you can study it for 10 minutes before starting. The number of waypoints is not given. Trec reference speeds for a medium size horse:

Walk	4 km/ hour
Trot	8 km/ hour
Canter	12 km/ hour

Your target average speed today 7 km/ hour

- **Scoring today is out of 240 points for Phase 3 Orienteering.** Phase 1 (Obstacles) has 160 points available and Phase 2 (Control of Paces) has 60 points available. This means that a good result in Phase 3 Orienteering counts for much more than the first two phases.
- **Waypoints and tickets** We do not have staff to man the waypoints. To make sure you have found each waypoint, we ask you write down the letter shown on the A4-size Easter-themed ticket. Each ticket is at about rider eye level and is clearly visible only from the correct direction of passage. There is no warning where they are or how many there are, so you have to keep your eyes peeled. You note the time of departure and the time of arrival, ensuring that the start marshal writes down both too. **You score a maximum of 20 points at each of the 10 waypoints correctly identified by its letter, less 10 points for each ticket in the wrong order, plus a 40 point bonus for being within 10% of the 7km/hour target time, up to a maximum of 240.** A less accurate rider scores 0 bonus for $\pm 20\%$ time, -20 points for $\pm 30\%$ time and -30 points for $\pm 40\%$ or worse.
- **We provide you with a map** (including, on the rear, details of the start) with the route marked and your competitor card for writing times and answers. Follow the arrows on the map so that you see the tickets. There is some tarmac, but no busy roads. There is no obligation to complete the Orienteering phase 3 (but you would get less marks) so you may return home at any time. Make sure you report to the marshal or phone us so that we do not send out search parties and waste a lot of time.
- **Competing in a group.** Yes, but you get a 10% deduction from your points. You can go round the Orienteering section with up to 2 other riders. The times and clue answers count for each rider in the group.
- **Let's go.** Inform the steward of your **departure time** and write it on your card. Offer your phone for sealing in a bag which we provide and take it with you; this prevents you using maps or GPS but enables you to open the bag and call if in problems. Open bag at the finish: 10% off your points. Take your reflective tabard, phone, map, map case, pencil or biro, compass, safety equipment like first aid kit, hoof pick, snack, drink, waterproofs and whistle. Then set off.
- **Each time you see a ticket (A4 waypoint poster)** please note on your card the letter on the ticket..
- **Stay on approved bridle ways,** horse trails or roads throughout; therefore respect "no horse riding signs" such as a horseshoe with a diagonal line through it.

If you have any sort of problem, call us immediately
Marcus Bicknell **07748 111444** Susie Bicknell **07876 851144**

