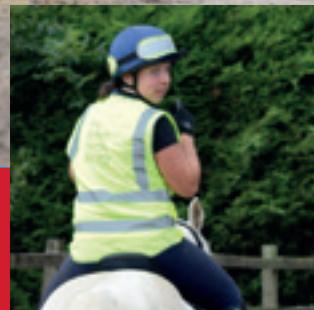


Horse Riders...



Expect the unexpected at all times
Be aware at all times

Be nice - say hi

Many people are not familiar with horses
and how to behave around them.
When out cycling, it's simple: Be nice, say hi.



We are both vulnerable - Let's work together
To learn more visit bhs.org.uk/safety



The British Horse Society is a Registered Charity Nos. 210504 and SC038516



The
British
Horse
Society

In partnership with
**we are
cycling
UK**



Cyclists...
Alert the horse rider...



...that you are there

Remember
There are 3 brains working



The cyclists'



The Horses'



The Riders'

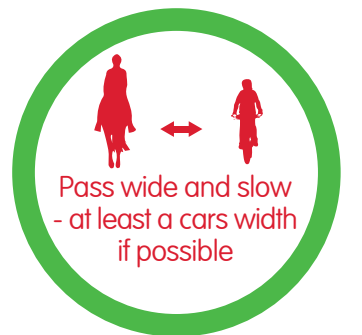
Horses can move very quickly. They weigh up to $\frac{3}{4}$ tonne and may cause serious damage to you or your bike if they kick out.



Give the horse and rider time
to react to your call of 'Hi'

Slow
down

Stop



Never pass
on the inside of a horse

Be aware of pinch points in the track or on the road ahead